



Coronavirus - What do parents need to do?

<h3>Coronavirus symptom checker</h3>	<p>The main symptoms of coronavirus are:</p> <ul style="list-style-type: none"> • a high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature) • a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual) • a loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal. <p style="text-align: center;">Please help us to keep our whole school community safe from COVID 19 transmission. If in doubt please do not send your child into school.</p>
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What to do if...	Action needed	Return to school when...
My child has coronavirus symptoms	<ul style="list-style-type: none"> • Do not come to school • Contact school daily • Self-isolate • Get a test and inform school about results. Ring 119 to arrange a test 	A test comes back negative and the child no longer has symptoms. The result will need sharing with school via e-mail hopewood@ascenttrust.org
My child tests positive for coronavirus	<ul style="list-style-type: none"> • Do not come to school • Inform school immediately about test result. The result will need sharing with school via email hopewood@ascenttrust.org • Contact school daily • Child to self-isolate for at least 10 days • The rest of the household should self-isolate for 14 days 	<p>After 10 days if:</p> <ul style="list-style-type: none"> -you don't have any symptoms -you just have a cough or changes to your sense of smell or taste (these symptoms can last for weeks after the infection has gone). <p>Keep self-isolating if you feel unwell with;</p> <ul style="list-style-type: none"> -a high temperature or feeling hot and shivery -runny nose or sneezing -feeling or being sick or diarrhoea. After sickness or diarrhoea, stay at home until 48 hours after they've stopped.



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What to do if...	Action needed	Return to school when...
Somebody in my household or support bubble has coronavirus symptoms or has tested positive	<ul style="list-style-type: none"> •Do not come to school •Contact school daily with updates 	If the test is negative. The result will need sharing with school via e-mail hopewood@ascenttrust.org
NHS test and trace have identified my child as a 'close contact' of somebody with symptoms or confirmed coronavirus	<ul style="list-style-type: none"> •Do not come to school •School will provide work to be completed at home •Follow the advice of NHS track and trace •Self-isolate for 14 days Send a copy of the track and trace information to hopewood@ascenttrust.org	The child has completed 14 days of self-isolation and has no symptoms.
We/my child travelled and has to self-isolate as part of a period of quarantine	<ul style="list-style-type: none"> •Do not take unauthorised leave in term time. If you do, this could result in a Fixed Penalty Notice (fine) or court prosecution. Where quarantine is required: <ul style="list-style-type: none"> •Do not come to school •Contact school daily •Self-isolate for 14 days. 	The quarantine period of 14 days has been completed.
We have received medical advice that my child must resume shielding.	<ul style="list-style-type: none"> •Do not come to school •Provide school with your shielding notification. •School will provide work to be completed at home. 	School or medical professionals inform you that restrictions have been lifted and your child can return to school again.